#### NOTICE OF INDEPENDENT REVIEW DECISION

**Date:** July 9, 2003

**MDR Tracking #:** M2-03-1304-01

**IRO** Certificate #: 5242

has been certified by the Texas Department of Insurance (TDI) as an independent review
organization (IRO). The Texas Workers' Compensation Commission (TWCC) has assigned the
above referenced case to for independent review in accordance with TWCC Rule §133.308,
which allows for medical dispute resolution by an IRO.

has performed an independent review of the proposed care to determine if the adverse determination was appropriate. In performing this review, relevant medical records, any documents utilized by the parties referenced above in making the adverse determination, and any documentation and written information submitted in support of the appeal was reviewed.

The independent review was performed by an Orthopedic Surgeon physician reviewer who is board certified in Orthopedic Surgery. The Orthopedic Surgeon physician reviewer has signed a certification statement stating that no known conflicts of interest exist between him or her and any of the treating physicians or providers or any of the physicians or providers who reviewed the case for a determination prior to the referral to for independent review. In addition, the reviewer has certified that the review was performed without bias for or against any party to this case.

# **Clinical History**

The claimant has undergone instrumentation and fusion at L3 through S1 and now has chronic back pain.

### **Requested Service(s)**

Purchase of R54i sequential stimulator

#### **Decision**

I agree with the insurance carrier that the requested DME is not medically necessary.

### **Rationale/Basis for Decision**

Long term use of stimulators is appropriate when there has been at least a 2 month trial to determine effectiveness in significantly increasing range of motion, decreasing the use of pain medication, increasing activities, and decrease in the need for other use of medical services. If the stimulator is effective, there should be a decrease in the number of physical therapy services and other interventional modalities. Furthermore, there should be an explanation as to why long term use is needed. Upon review of documentation provided, there is no objective documentation of pre and post trial range of motion, decreased use of pain medication and increase in functional activities over time.

## YOUR RIGHT TO REQUEST A HEARING

Either party to this medical dispute may disagree with all or part of the decision and has a right to request a hearing.

If disputing a spinal surgery prospective decision a request for a hearing must be in writing and it must be received by the TWCC Chief Clerk of Proceedings within 10 (ten) days of your receipt of this decision (20 Tex. Admin. Code 142.5(c)).

If disputing other prospective medical necessity (preauthorization) decisions a request for a hearing must be in writing and it must be received by the TWCC Chief Clerk of Proceedings within 20 (twenty) days of your receipt of this decision (28 Tex. Admin. Code 148.3)

This Decision is deemed received by you 5 (five) days after it was mailed (28 Tex. Admin. Code 102.4(h) or 102.5(d)). A request for hearing should be sent to: Chief Clerk of Proceedings, Texas Workers' Compensation Commission, P.O. Box 40669, Austin, Texas, 78704-0012. A copy of this decision should be attached to the request.

The party appealing the decision shall deliver a copy of its written request for a hearing to all other parties involved in the dispute (Commission Rule 133.308 (t)(2)).

This decision by the IRO is deemed to be a TWCC decision and order.